



Fresh, Clean, Effective.

epsom salt laundry detergent

Here's a simple and effective **homemade Epsom Salt laundry detergent recipe** that helps soften clothes, remove odors, and enhance cleaning power.

Ingredients

- 2 cups Epsom salt (natural fabric softener)
- ½ cup baking soda (odor neutralizer)
- ½ cup washing soda (boosts detergent cleaning power)
- 1 cup Borax (optional, for extra stain removal)
- 1 bar grated Castile soap or Fels-Naptha soap (natural cleaning agent)
- 10–15 drops essential oil (optional, for fragrance – lavender, lemon, or tea tree work well)

How to Use

- For regular loads: Use 2 tablespoons per load.
- For heavily soiled clothes: Use ¼ cup per load.
- For fabric softening only: Add 1-2 tablespoons of Epsom salt directly to the wash cycle.

This homemade detergent is eco-friendly, cost-effective, and gentle on sensitive skin while effectively cleaning clothes!

Instructions

1. Grate the soap using a cheese grater or food processor until it becomes fine.
2. Mix all dry ingredients (Epsom salt, baking soda, washing soda, and Borax) in a large bowl.
3. Add grated soap to the dry mixture and stir well.
4. Optional: Add essential oils and mix thoroughly.
5. Store in an airtight container to keep moisture out.