



# Scrubbing Made Easy

## *epsom salt* cleaning solution

Here's a simple and effective **homemade Epsom Salt-based cleaning solution recipe** that fights tough cleaning spots in the kitchen and bathroom. From tiles to grout, tubs, and sinks, this paste is your new tidy house secret weapon.

## Ingredients

- 1 cup Epsom salt
- 1/2 cup baking soda
- 1/4 cup white vinegar
- 1-2 drops of essential oil (optional, for fragrance)
- 1-2 cups warm water

## Instructions

1. In a mixing bowl, combine the Epsom salt and baking soda.
2. Slowly add white vinegar to the dry ingredients. The mixture will bubble slightly—this is normal.
3. Stir in warm water, a little at a time, until you reach a paste-like consistency.
4. Add essential oil if desired and mix well.

## How to Use

- Apply the paste to the tiles, grout, or any other kitchen/bathroom surfaces you want to clean.
- Use a soft scrub brush or sponge to scrub the surface in circular motions, focusing on grout lines and any stains.
- Let the solution sit for 5-10 minutes for extra grime removal.
- Rinse with warm water to remove the paste and dirt.
- Dry with a clean cloth for a streak-free finish.

Enjoy clean, sparkling surfaces with this homemade cleaning paste that is eco-friendly, cost-effective, and gentle on sensitive skin while effectively cleaning hard-to-clean surfaces.